

Prayers for the journey

A prayer to begin the day

All that I am Lord
I place into your hands
Everything I work for
I place into your hands
Everything I hope for
I place into your hands
The troubles that weary me
I place into your hands
The thoughts that disturb me
I place into your hands
Each that I pray for
I place into your hands
Each that I care for
I place into your hands
The choices I make
I place into your hands

A prayer for peace

Calm me, O Lord, as you stilled the storm
Still me O Lord, keep me from harm
Let all the tumult within me cease
Enfold me Lord in Your peace

A prayer for healing

O Christ our healer
as in times past
not all the sick and suffering
found their way to your side
but had to have their hands taken
or their bodies carried
or their names mentioned;
So we confident of your goodness
come ourselves
and bring others to you
Amen

A prayer of concern

May oppressed people, and those who oppress
them, free each other
May those who are handicapped, and those who
think they are not, help each other
May those who need someone to listen touch the
hearts of those who are too busy
May the homeless bring joy to those who open
their doors reluctantly
May the lonely heal those who think they are
self-sufficient
May the poor melt the hearts of the rich
May seekers for truth give life to those who are
satisfied that they have found it
May the dying who do not wish to die be
comforted by those who find it hard to live

May the unloved be allowed to unlock the hearts
of those who cannot love
May prisoners find true freedom and liberate
others from fear
May those who sleep on the streets share their
gentleness with those who cannot understand
them
May the hungry tear the veil from the eyes of
those who do not hunger after justice
May those who live without hope cleanse the
hearts of their brothers and sisters who are afraid
to live
May the weak confound the strong and save them
May violence be overcome by compassion
May violence be absorbed by men and women of
peace
May violence succumb to those who are totally
vulnerable
That we might be healed

L'Arche Community

A prayer to end the day

Lighten my darkness Lord
Let the light of your presence
Dispel the shadows of night
Christ with me sleeping
Christ with me waking
Christ with me watching
Each day and each night
The peace of all peace be mine this night
In the name of the Father, and of the Son and of
the Holy Spirit Amen

A prayer of blessing

May the peace of the Lord Christ
go with you
Wherever he may send you
May he guide you through the wilderness,
protect you through the storm
May he bring you home rejoicing
at the wonders he has shown you
May he bring you home rejoicing
Once again into our doors

Northumbria Community